

## HOW TO TAKE MEASUREMENTS

As body types vary from person to person, the best way to choose the right size garment is by trying it on. As such, the following charts should only be used as a guide.

- Waist:** Measure at narrowest circumference. Don't suck it in – nobody's watching.
- Chest:** Measure fullest circumference, keeping tape up under arms and across shoulder blades.
- Hip:** Measure around the widest part of the pelvis, around the buttocks.
- Inseam:** Measure inner leg from crotch to below the ankle bone.
- Gloves:** Wrap a tape measure around your palm at the widest point (usually the knuckles) and make a light fist. Take that measurement and refer to the chart below to find your size.

## HOW TO FIT GUARDS

As body types vary from person to person and the closures on Race Face protective pads are constructed of either elasticized straps or various technical stretch fabrics, physically trying on the style in stores is always the best way to determine accurate sizing for your body type. As such, the following charts should only be used as a guide: Review the description and technical details of each protection style to select the Race Face protective wear that will best suit your needs.

- Top Opening:** Measure the top opening above the knee/elbow, below the quadricep/bicep. Estimate your size by comparing your measurement with the fit chart, selecting the size closest to your measured result for the style you have selected.
- Length:** Now that you have estimated your size by following the instructions above, note the hard shell length that corresponds to your size (this is the third measurement given in the chart). Using a measuring tape and pen, measure this length from the center of knee/elbow down the shin/forearm and make a mark.
- Bottom Opening:** Using the pen mark as guide, measure the circumference of your leg/arm. If the result is within 2cm (0.75") of the chart measurement for the size you estimated above, this is your correct size.

If the measurement is off by more than 2cm (0.75"), or matching another size, we suggest that you re-check the Top Opening measurement and order according to that measurement. The Top Opening strap (or primary closure) secures pad placement while the Bottom Opening strap is a secondary closure.

## HOW TO FIT CAPS

Wrap a tape measure around your head just above top of ears, making certain tapes lies midway on your occipital bone. Take that measurement and refer to the chart to find your size.

## HOW TO FIT GLOVES

Wrap a tape measure around your palm at the widest point (usually at the knuckles) and make a light fist. Take that measurement and refer to the chart to find your size.

## CLOTHING FIT CHART

### MEN'S SIZING

	S	M	L	XL	XXL
<b>Waist</b>	29" (74 cm)	31½" (80 cm)	34" (86 cm)	37" (94 cm)	40" (102 cm)
<b>Chest</b>	37" (94 cm)	39½" (100 cm)	42" (107 cm)	45" (114 cm)	48" (122 cm)
<b>Hip</b>	35¾" (91 cm)	38½" (98 cm)	41¼" (105 cm)	44" (112 cm)	47¼" (120 cm)
<b>Inseam</b>	31" (79 cm)	32" (81 cm)	32¾" (83 cm)	32¾" (83 cm)	32¾" (83 cm)

### WOMEN'S SIZING

	XS	S	M	L	XL
<b>Waist</b>	25¼" (64 cm)	27" (69 cm)	29" (74 cm)	31" (79 cm)	34" (86 cm)
<b>Chest</b>	32" (81 cm)	34" (86 cm)	36" (91 cm)	38" (96 cm)	40" (102 cm)
<b>Hip</b>	35" (89 cm)	37" (94 cm)	39" (99 cm)	41" (104 cm)	44" (112 cm)

### GLOVE MENS SIZING

	XS	S	M	L	XL
<b>inches</b>	6"-6½"	7"-7½"	8"-8½"	9"-9½"	10"-10½"
<b>cm</b>	15-16.5	17.5-19	20-21.5	22.5-24	25-26.5

### GLOVE WOMENS SIZING

	XS	S	M	L	XL
<b>inches</b>	5"-5½"	6"-6½"	7"-7½"	8"-8½"	9"-9½"
<b>cm</b>	12.5-14	15-16.5	17.5-19	20-21.5	22.5-24

### LOGO CAP SIZING

	S	M	L	XL
<b>Circumference in inches</b>	21¼"	22⅛"	22⅞"	23¾"
<b>Circumference in cm</b>	54	56	58	60
<b>USA/Canada Sizes</b>	6¾"	7"	7¼"	7½"

### MILITARY CAP SIZING

	S/M	L/XL
<b>Circumference in inches</b>	22 ½ "	23 ¼ "
<b>Circumference in cm</b>	57	59

### BELT SIZING

	S/M	L/XL
<b>Length in inches</b>	39 ½ "	45 ½ "
<b>Length in cm</b>	100	116

## GUARDS FIT CHART

RALLY FR/DH LEG	S	M	L	XL
Top Opening	16½" (42 cm)	17¼" (44 cm)	18½" (47 cm)	19¾" (50 cm)
Bottom Opening	8¾" (22 cm)	9½" (24 cm)	10¼" (26 cm)	11½" (29 cm)
Length	13" (33 cm)	13¾" (35 cm)	14½" (37 cm)	15¼" (39 cm)
RALLY FR/DH ARM	S	M	L	XL
Top Opening	10¼" (26 cm)	11" (28 cm)	11¾" (30 cm)	12½" (32 cm)
Bottom Opening	6¼" (16 cm)	7" (18 cm)	7¾" (20 cm)	8½" (22 cm)
Length	8¼" (21 cm)	9" (23 cm)	9¾" (25 cm)	10¼" (26 cm)
ZERO LW LEG	S	M	L	XL
Top Opening	16½" (42 cm)	17¼" (44 cm)	18½" (47 cm)	19¾" (50 cm)
Bottom Opening	14½" (37 cm)	15¼" (39 cm)	16¼" (41 cm)	17½" (44 cm)
Length	9½" (24 cm)	9½" (24 cm)	10¼" (26 cm)	10¼" (26 cm)
ZERO LW ARM	S	M	L	XL
Top Opening	10¼" (26 cm)	11" (28 cm)	11¾" (30 cm)	12½" (32 cm)
Bottom Opening	9½" (24 cm)	10¼" (26 cm)	11" (28 cm)	11¾" (30 cm)
Length	6¼" (16 cm)	6¼" (16 cm)	6¼" (16 cm)	6¼" (16 cm)
DIY WOMEN'S LEG	S	M	L	
Top Opening	15" (38 cm)	16½" (42 cm)	18" (46 cm)	
Bottom Opening	9" (23 cm)	9¾" (25 cm)	10½" (27 cm)	
Length	12¾" (32 cm)	13½" (34 cm)	14¼" (36 cm)	
DIY WOMEN'S ARM	S	M	L	
Top Opening	9½" (24 cm)	10¼" (26 cm)	11" (28 cm)	
Bottom Opening	6" (15 cm)	6¾" (17 cm)	7½" (19 cm)	
Length	8¼" (21 cm)	9" (23 cm)	9¾" (25 cm)	
PROTEKT YOUTH LEG	S/M	L/XL		
Top Opening	12¾" (32 cm)	13¾" (35 cm)		
Bottom Opening	6¾" (17 cm)	7¾" (20 cm)		
Length	11" (28 cm)	11¾" (30 cm)		
PROTEKT YOUTH ARM	S/M	L/XL		
Top Opening	8¼" (21 cm)	9" (23 cm)		
Bottom Opening	6" (15 cm)	6¼" (16 cm)		
Length	7" (18 cm)	7¾" (20 cm)		

## GUARDS FIT CHART

FLANK LEG	S	M	L	XL	XXL
Top Opening	15¾" (40 cm)	16½" (42 cm)	17¼" (44 cm)	18" (46 cm)	18¾" (48 cm)
Bottom Opening	10½" (27)	11½" (29 cm)	12¼" (31 cm)	13" (33 cm)	13¾" (35 cm)
Length	11" (28 cm)	11" (28 cm)	11" (28 cm)	11" (28 cm)	11" (28 cm)
DIG & AMBUSH KNEE	S	M	L	XL	XXL
Top Opening	15¾" (40 cm)	16½" (42 cm)	17¼" (44 cm)	18" (46 cm)	18¾" (48 cm)
Bottom Opening	13½" (34 cm)	14¼" (36 cm)	15" (38 cm)	15¾" (40 cm)	16½" (42 cm)
DIG & AMBUSH ELBOW	S	M	L	XL	XXL
Top Opening	10¼" (26 cm)	11" (28 cm)	11¾" (30 cm)	12½" (32 cm)	13½" (34 cm)
Bottom Opening	7" (18 cm)	7¾" (20 cm)	8½" (22 cm)	9½" (24 cm)	10¼" (26 cm)
KHYBER KNEE	S	M	L	XL	
Top Opening	15" (38 cm)	15¾" (40 cm)	16½" (42 cm)	17¼" (44 cm)	
Bottom Opening	13½" (34 cm)	14½" (36 cm)	15" (38 cm)	15¾" (40 cm)	
KHYBER ELBOW	S	M	L	XL	
Top Opening	9¾" (25 cm)	10½" (27 cm)	11½" (29 cm)	12½" (31 cm)	
Bottom Opening	7¼" (18.5 cm)	8" (20.5 cm)	8¾" (22.5 cm)	9½" (24.5 cm)	
CHARGE & INDY LEG*	S	M	L	XL	XXL
Top Opening	15¾" (40 cm)	16½" (42 cm)	17¼" (44 cm)	18" (46 cm)	18¾" (48 cm)
Bottom Opening	11¾" (30 cm)	12½" (32 cm)	13½" (34 cm)	14¼" (36 cm)	15" (38 cm)
Total Length**	12¼" (31 cm)	12½" (32 cm)	13" (33 cm)	13½" (34 cm)	13¾" (35 cm)
CHARGE ARM*	S	M	L	XL	XXL
Top Opening	10¼" (26 cm)	11" (28 cm)	11¾" (30 cm)	12½" (32 cm)	13½" (34 cm)
Bottom Opening	7" (18 cm)	7¾" (20 cm)	8½" (22 cm)	9½" (24 cm)	10¼" (26 cm)
Total Length**	7½" (19 cm)	7¾" (20 cm)	8¼" (21 cm)	8½" (22 cm)	9" (23 cm)

\* HIGH STRETCH FABRIC, REALLY SLIM FIT

\*\* PLEASE NOTE: LENGTH IS TOTAL OF PRODUCT (NOT FROM KNEE)

## PROTECTIVE CORE FIT CHART

### HOW TO TAKE MEASUREMENTS

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- Waist:** Measure at narrowest circumference. Don't suck it in – nobody's watching.
- Chest:** Measure fullest circumference, keeping tape up under arms and across shoulder blades.
- Hip:** Measure around the widest part of the pelvis, around the buttocks.

### MENS SIZING

	S	M	L	XL	XXL
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<b>Chest</b>	37" (94 cm)	39½" (100 cm)	42" (107 cm)	45" (114 cm)	48" (122 cm)
<b>Hip</b>	35¾" (91 cm)	38½" (98 cm)	41¼" (105 cm)	44" (112 cm)	47¼" (120 cm)

\* **HIGH STRETCH FABRIC, ULTRA-TIGHT, SECOND-SKIN FIT DESIGNED TO LOCK D30® REMOVABLE PROTECTION IN PLACE.**

## BIKE PROTECTION FIT CHART

### MUD CRUTCH SIZING

SIZE	TRAVEL LENGTHS OF THE FRONT SUSPENSION FORK
<b>Small</b>	80 - 120 mm
<b>Medium</b>	120 - 160 mm
<b>Large</b>	160 - 203 mm

### CHAIN STAY PAD DIMENSIONS

SIZE	LENGTH	WIDTH
<b>Regular</b>	240 mm	80 - 90 mm
<b>Oversize</b>	240 mm	100 - 130 mm